

SH PLATE LOADED SERIES

SH015 - SEATED CALF RAISE



PRODUCT OVERVIEW

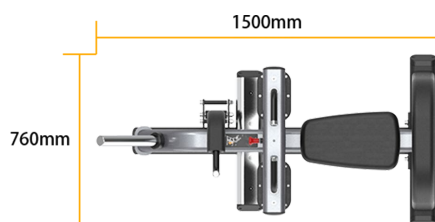
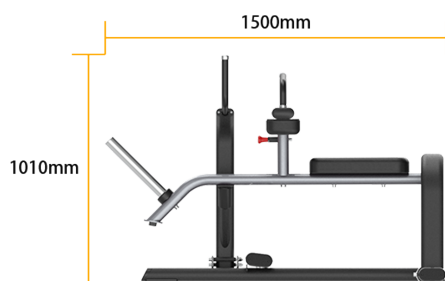
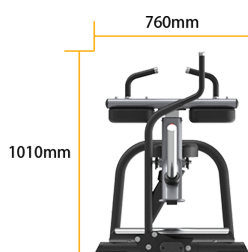
The SH015 is a premium plate-loaded strength machine designed for targeted calf muscle training. With a modern aesthetic and robust construction, it is ideal for large commercial gyms and high-end personal training studios.

The dual-angle handle design provides a comfortable grip that helps maintain body stability during movement, enhancing control and safety. A 5-position adjustable high-resilience leg pad accommodates users with different lower leg lengths, enabling them to quickly find their optimal training position for improved comfort and power output. The trapezoid-shaped seat offers stable support while preventing inner thigh chafing. A quick-pull stopper enables fast and secure adjustments, while the textured anti-slip curved footplate adapts to changes in foot positioning, extending the range of motion and ensuring consistent training quality.

SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	1500*760*1010mm
Net Weigh:	65kg
Max Load Capacity:	150kg
Main Frame Tubing:	PT60x120x2.5
Standard Color Scheme:	SH Series standard color scheme

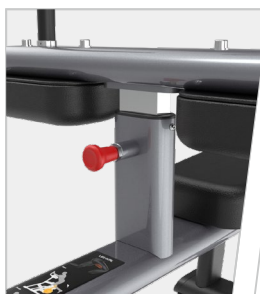


Product Features



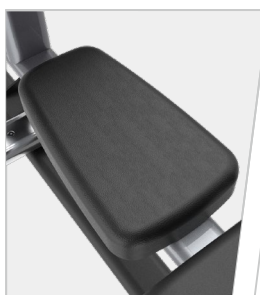
Dual-Angle Handles

Provide a comfortable grip to enhance control and maintain stability during training.



5-Position Adjustable Leg Pad

Fits various lower leg lengths for optimal comfort and targeted muscle engagement.



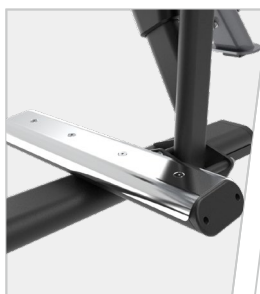
Trapezoid-Shaped Seat

Ensures stable support while preventing pinching or chafing of the inner thigh.



Quick-Pull Stopper

Allows easy, secure adjustments to maintain safety.



Anti-Slip Curved Footplate

Improves grip, adapts to foot position changes, and increases range of motion for consistent training quality.